

A man with a beard and glasses, wearing a light blue scrub top and white gloves, is performing a procedure on a patient's face. The patient's hair is visible on the left side of the frame. The background is a solid light blue color.

Facial Aesthetics Aftercare

the
SNOWDROP
aesthetic clinic

Botox

can help with

Forehead

Frown

Bunny lines

Crows feet

Eyebrow lift

Chin dimples

Gummy smile

Smokers lines

Tension headaches

Lines on neck

Excessive sweating

Lower eyelid lines

Filler

can help with

Lip size and shape

Cheek Lift

Nasolabial lines

(nose to lip lines)

Marionettes

(lines around the mouth)

Chin crease

Deeper wrinkles

*(on forehead or around eyes/
scars)*

Jawline augmentation

Nose Augmentation

Treatment done! What Now?

We've put a list of things to be aware of post treatment! For those of you having treatment for the first time, you may not know but, Botox and filler both take a while to settle so don't be surprised if for the next few days things aren't exactly as you expected. This is *completely* normal

What Should Happen:

Botox

- Avoid placing make-up on the areas for at least 12 hours
- It will take about 3-7 days for the Botox to take full effect.
- Don't be surprised if some areas start working before others
- Sadly bruising is common - there is some advice on the next page
- Sometimes a top up is required - explained next page
- Botox usually only last 3-4 months

Filler

- If numbed, your lips will take 2/3 hours to get sensation back
- Expect the areas to be swollen
- Bruising is always a possibility
- If you have had any work on your lips, they may be uneven until they settle
- Lips normal take about 5-7 days to start settle
- Can take up to 14 days to settle fully
- Fillers usually last around 6 months

Swelling

Swelling is to be expected and usually resolves within 24- 48 hours unless it's associated with bruising. Sometimes depending on your skin type and location there may be some redness, this also is expected to reduce with 24-48 hours

Bruising

This is the most common unwanted side effect. Bruising is harmless but unsightly. As we are using needles, the bruising last slightly longer than people expect. In most cases it last 7 days, however in areas that have a lot of blood vessels this could last as long as 14 days.

To reduce bruising and swelling we advise using a cold compress daily (starting on treatment day), this should be applied at the start and end of the day for at least 20 minutes. We also recommend Arnica cream daily after treatment

Migration

A rare complication of fillers is migration. This is when the material moves to an unwanted site. In the majority of cases there is no harm to your health, however it can be unsightly or annoying. In most cases, there is no bruising or swelling. The filler usually becomes globular (ball-shaped) and sits in the wrong place. In other cases, the filler may spread over a wider area, leading to fullness. Depending on location, they can be left for the body to deal with, or we can dissolve them for you

Vascular Occulsion

A Vascular occlusion is a very rare complication that occurs where the filler blocks the blood vessels and leaves a hard red areas on the treated sites. This is a rare complication. If it is close to the skin it will usually resole itself within 4-6 weeks. If it is occurs in deeper tissues sometimes a red/purple area known as a haematoma. In these cases the filler will have to be dissolved as soon as possible. The area will be allowed to heal and then further treatment can be offered



What is a Top Up?

Botox

Sometimes some areas don't respond to Botox in quite the way we hope, in those instances we may ask you to come back, usually 3-4 weeks after the treatment for some single spot treatment. The more of regular treatment the less top-ups are required

Filler

As with Botox, sometimes we require to 'balance out' an area to get the ideal result. As we numb up lips to get the best results, sometimes the numbness can lead to one side being slightly different. This is the most common cause for a top up with filler and an easy fix! We suggest waiting 3-4 weeks before a top-up

Dissolving Fillers

Fillers can be dissolved from unwanted areas using Hyuronidase. This can be used to get rid of filler migration. It's useful if you are not happy with the final appearance or to remove the filler causing a VO. It is a common procedure and involves tiny injections at the site of the offending filler. It takes around 24 hours to work, and a review will be required around 2 weeks after.

Enjoy the new look!

For most people there is a bit of swelling for a few days and then everything settles within 2 weeks. Now is the time to enjoy the new look! Whether it's new lips, wrinkle reduction a jaw line or a new nose...take the time to enjoy the new look. You deserve it!